

**PARTICIPANTS:**

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

**NEW PARTICIPANT REGISTRATION:**

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

**SENIOR OPPORTUNITIES:**

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

**CENTER LOCATION:**

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

**TRANSPORTATION AND MEALS:**

The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

**PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:**

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

**HELPFUL INFORMATION SOURCES:**

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

**ST. MARTIN DE PORRES SENIOR CENTER STAFF:**

Juanita Balenger, Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator



# ST. MARTIN DE PORRES SENIOR CENTER

**ALL SENIORS WELCOME!**

**Welcome Back!!**

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



# May 2024

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

[www.cdda.net/seniorservices/](http://www.cdda.net/seniorservices/)

**CENTER OPEN:** MONDAY – FRIDAY  
8:30 A.M. – 1:30 P.M.

**OFFICE HOURS:** 8:30 A.M. – 4:30 P.M.

# FIELD TRIPS

## \*\*Reminders\*\*

### Additional Closures:

**Thursday May 23: Senior Health Fair at Lee Center**

**Monday May 27: Memorial Day**

-Bus reservations must be made at least one day in advance by 11 am.

-Lunch reservations must be made at least one day in advance by 11am.



## Happy Birthday!

May Birthdays!

08 – Theresa Hairston

11 – Kathryn Hunter

11 – Rai Nayyar

14 – Socorro Gomez

24 – Suman Nayyar

24 – Ghamar Raouf

27 – Earline Sylvester

27 – Habtenesh Gessessee



Our Birthday Party will be on Wednesday, May 22nd

### Wednesday, May 1: Bowie Baysox Baseball Game with the Lee Center

We will be joining the seniors from the Lee Center to watch a Minor League baseball game in Bowie, Maryland. Lunch will be provided during the trip. This is going to be a longer field trip, the baseball game will begin at 11:05am. Seating on the bus is **limited to 10 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:45. Last day to sign up was April 26th at 11:30am. Please sign up with Maria in person while she is in her office, and pay \$35 to reserve your spot.**

### Wednesday, May 29 National Arboretum or Botanical Gardens

We will be enjoying the beautiful spring weather and nature by going on a day trip to the National Arboretum in DC. Get a chance to look at their exhibit on cherry blossoms in DC, look at the state trees, and multiple flowers through the park. If it is raining, we will instead be going to the Botanical Gardens. Seating on the bus is **limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is May 28th at 11:30am. Please sign up with Maria in person while she is in her office to reserve your spot.**